

# ANDREA M. GRAVES, PsyD

Clinical Psychologist  
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## EDUCATION

Pre-doctoral Internship 2011 Malcolm Grow Medical Center, Andrews AFB, Maryland. Clinical Psychology.  
Accredited by the American Psychological Association.

Doctor of Psychology 2010 Nova Southeastern University, Fort Lauderdale, Florida. Clinical Psychology.  
Dissertation: Cardiovascular Disease in Females: An Examination of Psychocardiology  
Risk Factors

Master of Science 2008 Nova Southeastern University, Fort Lauderdale, Florida. Clinical Psychology.  
Thesis: Psychocardiology Factors in Cardiovascular Disease

Bachelor of Arts 2004 University of Central Florida, Orlando, Florida. Psychology.  
Honors Thesis: State versus Trait Anxiety on Performance in Female Collegiate Athletes

## CLINICAL/PROFESSIONAL EXPERIENCE

### Chief Operating Officer

Veteran Innovation, LLC

October 2017-Present

Chief Operating Officer (COO) of Veteran Innovation, LLC; a company established to leverage the expertise of its members, who are both United States Air Force veterans. Specifically, Veteran Innovation, LLC was established to provide expertise in consulting, program and strategic development, and psychological services within healthcare settings. Veteran Innovation, LLC will also provide a series of Information Technology services including but not limited to IT consulting, Staffing, Project and Program Management, Hardware and Software sales and services, Hardware and Software maintenance agreements and Enterprise License Agreements, Deployment, installation, and O&M support and staffing. Collaboration, Voice over Internet Protocol (VoIP), Contact Center, Internet of Things (IoT) and proposal development & evaluations.

### Clinical Psychologist

Dr. Andrea Graves Psychological Services

August 2017-Present

Primary duties: Clinical Psychologist in private practice conducting psychological assessments and psychotherapy for individuals through the lifespan with a wide array of psychiatric and comorbid medical conditions. Conducts individual, couples and family psychotherapy utilizing various treatment modalities, such as Cognitive Behavioral Therapy (CBT), Cognitive Behavioral Therapy for Insomnia (CBT-I), Cognitive Processing Therapy (CPT), Prolonged Exposure (PE), Interpersonal Psychotherapy, Solution-Focused Brief Psychotherapy, Motivational Interviewing/Guided Self-Change, Existential Therapy and Family Systems Therapy. Clinical interests include depression, anxiety, trauma, bereavement, life transitions, eating disorders, disability, chronic medical conditions, and working with first responders and military in the areas of occupational and other related stressors. Conducts psychological assessments through the lifespan, including Specific Learning Disorders, Attention-Deficit Hyperactivity Disorder (AD/HD), Autism Spectrum Disorder (ASD), Auditory Processing Disorder, psychiatric disorders, neurocognitive disorders, and other cognitive/psychological disorders. Special interest areas: 1) Fitness for Duty Evaluations for first responders, military/veterans, aviators/pilots, Air Traffic Control, teachers/professors and medical staff; 2) Security Clearance evaluations; 3) Pre-surgical evaluations for organ transplant and bariatric candidates; and 4) Forensic assessments including Fitness to Stand Trial, Sanity Boards, and expert witness testimony. Hours per week: Approximately 40.

### Clinical Psychologist

US Department of Veterans Affairs, Martinez, California

Aug 2016- Aug 2017

Primary duties: Clinical Psychologist providing Mental Health consultation and liaison for inpatients at the Center for

Rehabilitation and Extended Care/ Community Living Center (CREC/CLC) on the VANCHCS Martinez Campus. Provides screening, assessment, diagnosis, and treatment of the full range of psychiatric/psychological conditions presenting in the inpatient CREC/CLC setting. Clinical patient population includes physical rehabilitation, clinically complex care, respite care, hospice care, restorative care and clinical neurological services. Screens for cognitive deficits to address specific functional questions or to determine if a referral for a complete neuropsychological evaluation or dementia assessment is needed, including capacity assessments. Conducts individual and group interventions to support residents coping with feelings of grief and loss associated with disability, adjustment to the nursing home environment, and other life transitions. Provides behavioral medicine interventions to manage pain, disability, address sleep problems, facilitate weight loss, promote smoking cessation, and enhance management of chronic medical conditions and adherence to medical recommendations. Promotes the delivery of evidence-based psychosocial and environmental interventions for preventing and/or reducing behavioral and psychosocial symptoms. Facilitates communication and interaction between medical team members, residents, and their families to facilitate the medical treatment process. Provides clinical supervision to Psychology residents, interns, and practicum trainees. Conducts culturally sensitive psychological assessment techniques, diagnosis, intervention, and behavioral health and provides advice and consultation to interdisciplinary team. Exercises judgment in the selection of or adaptation of standard and accepted psychological theories, techniques, and practices in treating patients or developing new techniques and programs for the treatment of clinical populations. Provides direct psychological patient care, consultation services on difficult or complex cases, education of staff and trainee supervision. Hour per week = 40.

Clinical Psychologist

Kaiser Permanente, Vacaville, California

Nov 2014- Jul 2016

Primary duties: Provides mental health assessment, diagnosis, treatment and crisis intervention services for adult and child members with a broad range of mental health disorders. Provides outpatient psychotherapy to individuals, couples, families and groups. Administers specialized therapeutic procedures, as appropriate. Prepares intake summaries, treatment plans, and case summaries and maintains ongoing confidential records. Develops and conducts psycho-educational classes and groups. Conducts psychological assessments, including test administration, interpretation, and recommendations. Provides appropriate support to member's family. Participates in staff conferences to select, plan, and evaluate treatment programs. Utilizes resources of public and private agencies and community organizations to meet the needs of the member's treatment. Provides consultation to primary care providers and health educators on matters relating to mental health, health psychology and behavioral medicine. Collaborates with physicians in screening and evaluating patients for psychotropic medications, within the scope of practice. Key staff member conducting pre-transplant and other surgical evaluations. Provides clinical supervision to pre-doctoral psychology interns, postdoctoral psychology fellows, and other mental health trainees as necessary. Provides consultation to psychiatrists, allied health professionals, and other specialty care providers on psychological assessment. Functions as a Staff Psychologist and essential contributor on the Crisis, Adult and Eating Disorder Teams. Primary Group supervisor of the Teen Eating Disorder and STARs (Elderly Adult) groups. Primary patient population/case load consists of elderly adults, military (Reserve/Guard, veterans) and individuals with chronic medical conditions.

Additional duties: 1.) Mental Health On-Call Emergency Department Provider: Acute/crisis mental health evaluations for the Emergency Department at two hospitals within Kaiser Permanente (Vacaville and Vallejo). Facilitates inpatient placement for voluntary/involuntary holds; consults with emergency department staff regarding patient disposition. 2.) Consultation and liaison in other medical departments. 3.) 1 of 5 staff members from Kaiser Napa-Solano, on the Peer Review Team: Reviews cases within the Kaiser Napa-Solano area that have been sent for clinical peer review due to various issues, to include member complaints, adverse outcomes, and other related issues. Meets quarterly. Hours per week = 40.

Clinical Psychologist

Vaca Hills Psychological Services

Jul 2014- Present

Associate in private practice, part-time, conducting Psychological and Cognitive evaluations. Conducts psychological/cognitive assessments, including test administration, interpretation, and recommendations in final report. Patients seen range from children to geriatric population. Hours per week varies. Typically 2-3 evaluations per month conducted on Saturdays.

ADAPT Program Coordinator, 60<sup>th</sup> Medical Group

Travis AFB, California

Jun 2013 – Oct 2014

Primary duties: Alcohol and Drug Abuse Prevention and Treatment (ADAPT) Program Manager and Officer In Charge. Serves as clinical, subject matter expert, manager and consultant on base. Supervises five officers (Clinical Social Work Residents), six enlisted personnel and two civilian employees. Managed 100% of patient care, to include prevention and outreach activities for a base population of 18K. Coordinated all referrals, to include Command-referred, self-referred and medical referrals. Supervises all clinical care, to include intake evaluations, supervisor interviews, individual treatment sessions and group psychotherapy. Conducts weekly group supervision and clinical case staffing with staff members. Oversees all outreach conducted

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across base. Presents monthly to Wing, Group and Squadron Commanders across base.

Additional duties: Conducts special duty evaluations (SERE, TS/SCI, aeromedical, deployment/travel medicine, etc.), Commander-Directed Evaluations and forensic assessments (sanity boards and legal cases).

Mental Health On-Call Emergency Department Provider: Acute/crisis mental health evaluations for the Emergency Department. Facilitates inpatient placement for voluntary/involuntary holds. Consultation and liaison in other medical departments. Participates in multidisciplinary grand rounds at 4-East (locked inpatient psychiatric unit) on evenings/weekends. Hours per week = 50-55.

Staff Psychologist, 60<sup>th</sup> Medical Group  
Travis AFB, California

Sep 2011 - Sep 2013

Primary duties: Staff Psychologist: Provider and consultant to commanders, medical personnel, base agencies and junior clinic staff and technicians. Advises leadership on psychological health matters and helps coordinate the delivery of MH services base-wide. Provides direct clinical supervision to unlicensed psychologists, social work residents and MH technicians. Assessed for psychological conditions, to include substance use disorders, provided treatment and referrals.

Additional titles: 1.) Suicide Prevention Program Coordinator for Travis AFB installation. Primary outreach manager conducting resiliency and suicide prevention briefings across base. Collected all DODSeRs (suicide attempts and death by suicide reports) which were reported to the Installation Commander, Air Mobility Command/ MAJCOM, and Head Quarters Air Force. Managed High Interest list for airmen determined to be at elevated risk for suicide. Tracked and briefed research/trends provided by the Pentagon, to Travis AFB Commanders. 2.) Resiliency Element Leader: Provided climate assessments in units, Commander consultations and guidance, resiliency outreach/interventions and briefings. Overall 3,000 personnel briefed. 3.) MH consultant to the Wing Commander for the Sexual Assault Case Management Group (SACMG).

Additional responsibilities: 1.) Officer in charge of Commander Directed Evaluations (CDE's), Aeromedical/Flight Medicine evaluations, Personnel Reliability Program (PRP) evaluations and all Automated Neuropsychological Assessment Matrix (ANAM) evaluations conducted on base. 2.) Served as a primary on-call provider for Emergency Department crisis calls. First responder for after-hours/weekends mental health/acute cases. Hours per week = 55-60.

Clinical Psychology Resident (Pre-doctoral Internship)  
Joint Base Andrews, Maryland

Aug 2010 - Aug 2011

Clinical Psychology intern/resident at nationally accredited American Psychological Association program. Provided intake assessments, individual and group therapy, crisis intervention, and emergency consultations to individuals, couples, and children. Completed comprehensive rotations in outpatient mental health, Clinical Health Psychology/Behavioral Medicine Service, primary care clinic/Behavioral Health Optimization Provider (BHOP), ADAPT, consultation and liaison, as well as additional/mini rotations in biofeedback technology (only resident to obtain USAF certification); National Security Agency (NSA), neuropsychology. Psychological assessments, security clearance evaluations, and neuropsychology evaluations. Facilitated cognitive-behavioral treatment groups for depression, anxiety, stress, smoking cessation, chronic pain, and weight management. Exposures/visits to the Pentagon and the National Intrepid Center of Excellence (NICoE). Numerous training opportunities completed (listed on page 1) with the Center for Deployment Psychology. Hours per week = 60; 2000 hours certified by the American Psychological Association for the Pre-doctoral Internship.

Psychology Extern, Long-term Mental Health Psychiatric Unit (4AB)  
Miami Veteran's Administration

Mar 2009 - Aug 2009

Elective summer externship: Provided group and individual psychotherapy and daily interdisciplinary consultation meetings with Psychiatry and Social Work; additional experience with case management. Obtained experience with locked inpatient psychiatric unit, 4AB. Typical patient care involved managing dual diagnoses (substance addiction and mood, anxiety and/or psychotic disorders). Interventions utilized were Motivational Interviewing, Solution-Focused Therapy and Cognitive Behavioral Therapy. Worked with multidisciplinary team. Clinical Supervisor: Dr. Jason Dahn, Ph.D. Hours per week = 15.

Psychology Externship, Comprehensive Integrated Inpatient Rehabilitation Program (CIIRP)  
Miami Veteran's Administration

May 2008 - May 2009

Participated in intake evaluations and short term supportive psychotherapy including pain management and cognitive behavioral therapy with rehabilitation patients. Participated in weekly interdisciplinary team meetings, didactics and grand rounds with the psychology and medical interns. Co-facilitated three weekly support groups for patients diagnosed with Traumatic Brain Injury (TBI), Cerebrovascular Accident (CVA), and Posttraumatic Stress Disorder (PTSD). Also conducted long-term therapy cases utilizing Motivational Interviewing, Interpersonal Therapy, or Cognitive Behavioral Therapy. Conducted neuropsychological

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screenings. Patient population consisted of individuals with Chronic Pain, CVA, traumatic or acquired brain injury, amputee, cardiovascular disease pre/post-operative, neuromuscular diseases/ movement disorders, Orthopedic surgical patients (i.e., knee and hip replacements), and other related disabilities. Clinical Supervisor: Diane Polakoff, Psy.D. Hours per week = 16-24 on average.

Psychology Externship, Neuropsychological Assessment Center  
Nova Southeastern University

Jun 2007 - Aug 2008

Intake evaluations, and comprehensive neuropsychological batteries. Over 1000 hours completed, and 18 cases with integrated neuropsychological reports completed. Gained extensive training in neuropsychological assessment, formulation and report writing. Ten patients tested on comprehensive neuropsychological batteries and ten reports completed. Eight additional neuropsychological batteries and reports completed for the Driving Study, Multi-Lingual Battery, Normal Population Study and Geriatric Study research projects. Clinical Supervisor: Dr. Charles Golden, Ph.D., ABPP.  
Hours per week = 16-24. 1000 hours certified during the practicum year.

### TEACHING/RESEARCH EXPERIENCE

Graduate Teaching Assistant, Department of Psychology  
Nova Southeastern University

Jan 2009 - May 2009

Teaching assistant for the Projective Personality Assessment course (PSY 2511). Assisted in weekly class preparations, grading of testing and students' administration, scoring and interpretation of the Rorschach, Thematic Apperception Test, House Tree Person, Family Kinetic Drawing, and Comprehensive Bender Gestalt Test (CBGT). Answered student's questions with course work, reading and conducted pre-exam reviews. Instructor: Dr. Charles Golden. Hours per week = 8.

Graduate Teaching Assistant, Department of Psychology  
Nova Southeastern University

Sep 2008 - Dec 2008

Teaching assistant for all four Developmental Gerontology classes (PSY 1407). Graded over 130 student's homework assignments, oral presentations and written papers, and assisted with developing final class project. Instructor: Dr. Michelle Gagnon. Hours per week = 4.

Graduate Research Assistant, Department of Psychology  
Nova Southeastern University

Jan 2009 - Aug 2009

Research Assistant for Dr. Charles Golden, Ph.D., ABPP. Preparation for legal/forensic neuropsychological cases. Reviewed and organized medical/legal/ school records, re-checked clinical test scoring, organized test administrations, organized and reviewed relevant court documents, report preparation/test data entry. Developed a computerized filing system of the Neuropsychological Assessment Center's (NAC), and Dr. Golden's personal legal assessment cases, which occurred during previous last five years. Researched databases to collect Dr. Golden's publications, and updated his CV to reflect his current published work, in APA format. (Paid position for Dr. Charles Golden). Hours per week = 10.

Graduate Research Assistant, Department of Psychology  
Nova Southeastern University

Sep 2008 - Sep 2009

Sport Psychology Research Team (SPoRT): Collaborative research in the areas of Sport's Psychology, with a specific interest in concussion. Lead administrator of the Immediate Post-Concussion Assessment and Cognitive Testing (ImPACT) to all of NSU's collegiate men's and women's pre/post measures. Over 1500 assessments completed. Performed data entry, statistical analysis and participated in the writing of the manuscripts. Faculty Research Supervisor: Dr. Stephen Russo, Ph.D. Hours per week = 4-12.

Graduate Research Assistant, Department of Psychology  
Nova Southeastern University

Feb 2008 - Jul 2008

Needs assessment research conducted, and business proposal submitted, involving prevalence rates of individuals with Traumatic Brain Injury in the State of Florida. Individual proposal contribution focused on rehabilitation treatment facilities located in Florida, and the target population (i.e., all of the individuals who sustained recent head injuries in Florida). Faculty Supervisor: Dr. Sarah Valley-Gray, Ph.D. Hours = 30 total for semester.

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Graduate Research Assistant, Department of Psychology  
Nova Southeastern University

Feb 2008 - May 2008

Emergent Literacy Testing Research Project: Psychometrician volunteer work testing Nova Southeastern University's preschoolers at the Family Center, three hours per week. Tests administered- were abbreviated versions of the Woodcock Johnson-A and the Woodcock Johnson- C tests. Conducted test administration, scoring, and profiles created for children with English as a second language. 30 hours completed during Spring semester, 2008. Hours = 30 total for semester.

Undergraduate Research Assistant, Department of Psychology  
University of Central Florida

Dec 2003 - Dec 2004

Research assistant on the Sport Psychology Research Team (SPoRT Lab). Scheduled and administered questionnaires to the participants; data entry and analyses. Research was in the area of sports, stress, anxiety, and mood disorders, and their relation to previous perceived traumatic events. Principal author Published in the Journal of Sports Medicine, 2004. Undergraduate thesis conducted: State versus Trait Anxiety on the Performance of Female Collegiate Athletes. Supervised by Clint Bowers, Ph.D., and Chris Myers, Ph.D., Team Performance Lab Division. Hours per week = 8-12.

### **ADDITIONAL CLINICAL EXPERIENCES/EMPLOYMENT**

Psychometrician Position  
Aventura, Florida

Dec 2007 - Aug 2009

Psychometrician paid position conducting psycho-educational evaluations for a licensed School and Clinical Psychologist. Evaluations conducted in private practice located in Aventura, FL at Nancy Bacher and Associates. Comprehensive batteries conducted consisting of WISC-IV/ WAIS-III, WCJ-A and WCJ-C, CMS, BASC, BRIEF, ANSWER, as well as numerous objective and projective personality tests. Conducted administration, scoring, and report writing for individuals of all ages. 50+ comprehensive psychological reports were completed. Hours per week = 8 to 24.

Psychometrician Position  
Palm City, Florida

Sep 2007 - Aug 2009

Psychometrician paid position testing medical and legal patients. Neuropsychological evaluations conducted in private practice located in Boca Raton, and a second location in Stuart, Florida for Fred Theye, Ph.D., ABPP/CN. Comprehensive assessment batteries conducted including intakes, administration, scoring, and interpretation, for individuals of all ages. Typical battery consists of Trails A and B; Rey Figure Drawing Test; TOMM; Word Memory Test; WIAT; WISC-IV/ WAIS-III; Control Oral Word (FAS); Matching Familiar Figures; Stroop Color Word Test; WCST; CMS; objective personality tests, and social/emotional/ behavioral inventories for the parents, teachers and client. Hours per month = 10-20.

Counselor Position  
Coconut Creek, Florida

Jul 2008 - Jun 2009

Counselor at the Renfrew Center, a residential treatment facility for adolescents and adult females diagnosed with Eating Disorders. High prevalence of severe co-morbidity (e.g., Axis I, II and III Disorders). Group and individual therapy and crisis intervention, as well as milieu management. Behavioral monitor/ supportive meal therapy, safety checks, vital sign assessment, body weight analysis, and accompanying select patients during their weekly Alcoholics/Narcotic Anonymous (AA/NA) meetings for individuals with dual diagnosis. Hours per week = 8.5 to 25.5.

Undergraduate Psychology Internship  
Orlando, Florida

Apr 2004 - May 2005

Office manager at The Counseling Corner in Orlando, Florida. Providers: Dr. John Grbac, Psy.D., Ernie Reilly, LCSW, and George Allmaras, LMHC. Over 1000 hours completed. Scheduled/confirmed patients' appointments, worked with managed care systems/payment issues, scored behavioral inventories/objective measures, filed, computer updates and organization of the provider's templates, diagnostic coding, and participation in weekly clinical discussion meetings and staff meetings for one year. Obtained experience working with every insurance company/managed care system in the state of Florida. Hours per week = 16.

### **ADDITIONAL CLINICAL EXPERIENCES**

#### **Support Group Co-Facilitator**

Nova Southeastern University

Apr 2007 - Mar 2008

Co-Facilitator of the Parkinson's disease (PD) support group, which occurred every Wednesday (3 hours) on NSU's campus. Group catered to patients with PD, caregivers and family members. Topics discussed included: Medications, stem cell research, impact of nutrition on PD, Deep-Brain Stimulation (DBS), Physical/Speech Therapy, Idiopathic PD, Akinetic/ Rigid-Form Movement Parkinson's, Progressive Super Nuclear Palsy, Parkinson's Plus, environmental and other risk factors, current research regarding treatments, alternative medicine, and other topics relevant to PD. Faculty Supervisor: Dr. Michelle Gagnon.

#### **Children and Adults with AD/HD, Chapter President**

Orlando, Florida

Aug 2004 - Aug 2005

President of the CHADD national non-profit organization (Children and Adults with AD/HD) of Central Florida for one year. Developed a computerized training manual for future interns. Hired/scheduled psychiatrist, psychologist, LCSW, LMHC, and other certified guest speakers. Updated flyers and web page monthly, trained and hired new interns, participated in monthly staff meetings, and worked in accordance with SHIRE, the sponsored pharmaceutical representatives. Organized a school outreach program for all schools in Orange County, FL. 182 local elementary, middle, high schools, and alternative schools visited in 2005. Designed to serve the community's children by educating teachers, parents, children and principals, about AD/HD (and related Disorders). Designed and presented a 150-page power-point for teachers and parents discussing interventions for children with AD/HD. Supervisor: Dr. John Grbac, Psy.D., (from The Counseling Corner). Hours per week = 4-5.

### **STUDENT GOVERNMENT ASSOCIATION**

Student Government Association: Eating Disorders Awareness (EDAW) Committee

Nova Southeastern University

Sep 2007 – Sep 2009

Founder and Chairperson: Faculty advisors: Dr. Valley-Gray, Dr. Alan Katell and Dean Karen Grosby.

Hired all speakers for EDAW Week; and organizing the sub-committees. Arranged for outreach support and organized and hired catering for the lunch presentations. Implemented Continuing Education (CE) courses. Outreach conducted in local schools on topics of body image, health/wellness and self-esteem. Served as a member of the NSU's Wellness Committee. Monthly meetings discussed topics such as making NSU a smoke-free facility, how to decrease obesity and health issues, etc. Multidisciplinary team consisted of NSU physicians, athletics/trainers, nutritionists, and other health care representatives. EDAW elected NSU's committee of the year in both 2007 and 2008. Hours per month = 4.

### **PRESENTATIONS**

Graves, A. & Ryan, C. (2017, March). Statin medications in Alzheimer's Disease: Helpful or Harmful? Poster session (scheduled) to present at the American Society on Aging: Aging in America Conference. Chicago, IL.

Graves, A. & Ryan, C. (2017, March). Mindfulness-based stress reduction (MBSR) to treat cancer-related cognitive impairment (CRCI). Poster session (scheduled) to present at the American Society on Aging: Aging in America Conference. Chicago, IL.

Ryan, C, Graves, A & Looi, M. (2016, June). Diabetes Type III: The role of coconut oil in Alzheimer's Disease. Poster session presented at the Annual Conference of the American Academy of Clinical Neuropsychology (AACN). Chicago, IL.

Graves, A., & Looi, M. (2016, March). STARs Group: A biopsychosocial group treatment model for elderly adults. Poster session presented at the American Society on Aging: Aging In America Conference. Washington, D.C.

Looi, M. & Graves, A. (2016, March). Getting up to speed with technology. Poster session presented at the American Society on Aging: Aging in America Conference. Washington, D.C.

Graves, A (2014, September). Alcohol and Drug Abuse Prevention and Treatment Program (ADAPT): Review of program

clinical findings and recommendations for commanders and medical staff. Annual Presentation to all medical staff during ProStaff, Travis AFB, CA.

Graves, A. (2013, January, April, July and October). Suicide Prevention: Promoting Resilience and Help-Seeking Behaviors in our Military. Didactic seminar presented to Base Commanders, First Sergeants and Medical Officers on a quarterly basis. Travis AFB, CA.

### **ADDITIONAL EDUCATION AND TRAINING EXPERIENCES**

Certified Clinical Trauma Professional: Two-Day Trauma Competency Conference: Lisle, IL. Aug 9-10, 2018.  
Legal and Ethical Issues in Behavioral Health in Illinois: Oak Brook, IL. Jun 20, 2018.  
Dialectical Behavior Therapy (DBT) Certificate Course- 2-Day Intensive Training: Chicago, IL. Jan 15-16, 2018  
Annual Conference of the American Academy of Clinical Neuropsychology (AACN): Chicago, IL. Jun 9-12, 2016.  
American Society on Aging: Aging in America Annual Conference: Washington, D.C., Mar 21-24 2016.  
East Meets West in Psychotherapy Conference: Mindfulness, Trauma & Addictions: BFI: Chicago, IL, Mar 18-20, 2015.  
Human Sexuality: Advances and Treatment (10 CE), Zur Institute LLC, Jan 2014  
Child Abuse in Psychotherapy and Counseling (7 CE), Zur Institute LLC, Jan 2014  
Intimate Spousal and Partner Violence (15 CE), Zur Institute LLC, Jan 2014  
Aging and Positive Psychology (10 CE), Zur Institute LLC, Jan 2014  
Detection and Treatment of Alcohol/Other Chemical Substance Dependency (15 CE), John F. Kennedy University, Jan 2014  
Hyperbaric Medicine: Certification course in Hyperbaric Oxygen Chamber, Travis AFB, CA 6-7 Dec 12  
Squadron Officer School, in correspondence, Completed 19 Jul 2012  
Mindfulness Based Mind-Fitness Training Program, Travis AFB, CA, 17-19 Oct 11  
Cognitive Behavioral Treatment for Insomnia, Travis AFB, CA 8-10 Dec 2011  
Cognitive-Behavioral Conjoint Therapy for Posttraumatic Stress Disorder, Andrews AFB, MD, 7-11 Mar 2011  
International Neuropsychological Society (INS): 39<sup>th</sup> Annual Conference: Boston MA, Feb 2-5, 2011  
Prolonged Exposure Training for treatment of Posttraumatic Stress Disorder, 6-10 Dec 2011  
Cognitive Processing Therapy for treatment of Posttraumatic Disorder, National Naval Center, Bethesda 25-28 Sep 2010  
Center for Deployment Psychology Training, 2 week course, National Naval Center, Bethesda, MD, 20 Sep- 28 Sep 2010  
Commissioned Officer Training School, United States Air Force, Maxwell AFB, Jun-Jul 2010  
National Eating Disorder Association Conference, Minneapolis, MN, 9-12 Sep 2009  
International Association of Eating Disorder Professionals Symposium, Orlando, FL, 3-6 Apr 2008  
Prevention and Management of Disruptive Behavior, Miami Veteran's Administration, Miami, FL, Oct 8-9, 2007

### **AWARDS AND HONORS**

2016	Presented with certificate for excellence in patient care by CREC-CLC Director
2014	Awarded the United States Air Force Commendation Medal
2013	Rated the #1 Company Grade Officer in the Medical Operations Squadron, Travis AFB CA
2013	AF Outstanding Unit Award; Officer of the Quarter- 60 <sup>th</sup> Medical Operations Squadron, Mental Health Flight
2012	60 <sup>th</sup> Medical Group Wing Safety Award for Excellence in Patient Care- Coined by Wing Commander
2011	1/8 Doctoral Residents selected for the coveted National Security Agency Rotation
2010	Distinguished Graduate (Ranked in the top 10% of Commissioned Officer Class), United States Air Force
2010	Global War on Terrorism Service Medal, National Defense Service Medal
2008-2010	United States Air Force, Health Professions Scholarship Program, National Selectee (3000 applicants)
2006-2010	Nova Southeastern University's President's Honor Roll (Magna Cum-Laude)

### **PROFESSIONAL AFFILIATIONS**

International Association of Trauma Professionals, Member since 2018  
Mental Health and Aging Network (MHAN), Member since 2016  
Rehabilitation Psychology, Division 22, American Psychological Association, Member since 2016  
American Society on Aging, Member since 2015  
Society for Clinical Neuropsychology, Division 40, American Psychological Association, Member since 2015  
Academy for Eating Disorders, Member since 2008  
American Psychological Association, Member since 2007